

STROKE

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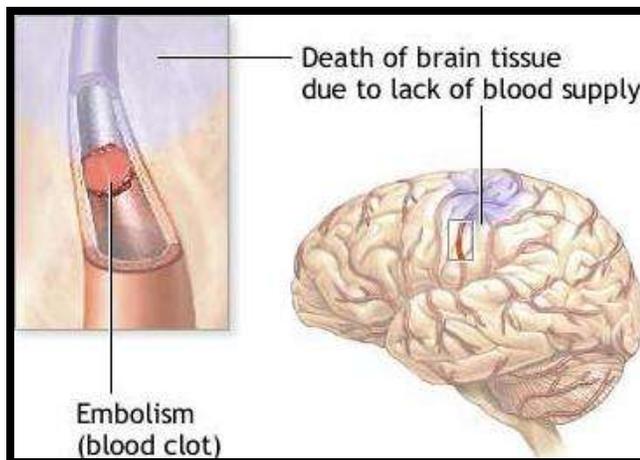


Definition

A sudden, severe seizure or attack often termed apoplexy. Apoplexy is generally accompanied by a stroke. A stroke does not necessarily mean apoplexy because a stroke can come without heat prostration which occurs in apoplexy.

Cause

A calcium deficiency in the body, where the organic calcium has been burned out by a former fever or by an inheritance to inorganic calcium, which is devoid of life and does not sustain the muscle, nerve, and bone structure. This causes weakness and inability to use the organ involved.



Herbal Aids

Cayenne should be used generously.

Cayenne is known to have relieved paralyzed condition of strokes, even though the person has been in a wheelchair for years. Through the use of cayenne and the cleansing herbs many have been able to walk again.



Incurables:

This program has been used for many different malfunctions with great success in nearly every case:

Multiple Sclerosis,
Muscular Dystrophy,
Stroke,
Deteriorating Bones,
Curvature of the Spine,
Locked Arthritis Joints,
Tumors and Cysts

We have seen great improvement, reduction in pain and often complete healing in cases supposedly incurable. As you read each step taken in this program, analyze it and see if it can do anything but good. You will see that not one harmful thing is recommended.

Rosemary: After a stroke the Arabs restored speech by eating the flowers pounded with sugar.



Dr. Christopher's Bone Flesh & Cartilage:

We have had a formula developed called "bone, flesh and cartilage." This formula has done miraculous things with broken backs, legs, hips, etc. This formula has been used on curvature of the spine, polio, multiple sclerosis, and muscular dystrophy, stroke and arthritis of the bone. This formula is used externally as well as orally and has brought tremendously fast results.



Water, and the Diet You Eat:

One vulnerable area in the human body for this "hardening of the arteries" is found in the brain. Regardless of how intelligent an individual has been in the past, when the arteries in the brain area become hardened there is a resulting slowness in thinking, loss of memory, headaches, dizziness, dimming eyesight, paralysis, and one of the saddest conditions of all - senility.

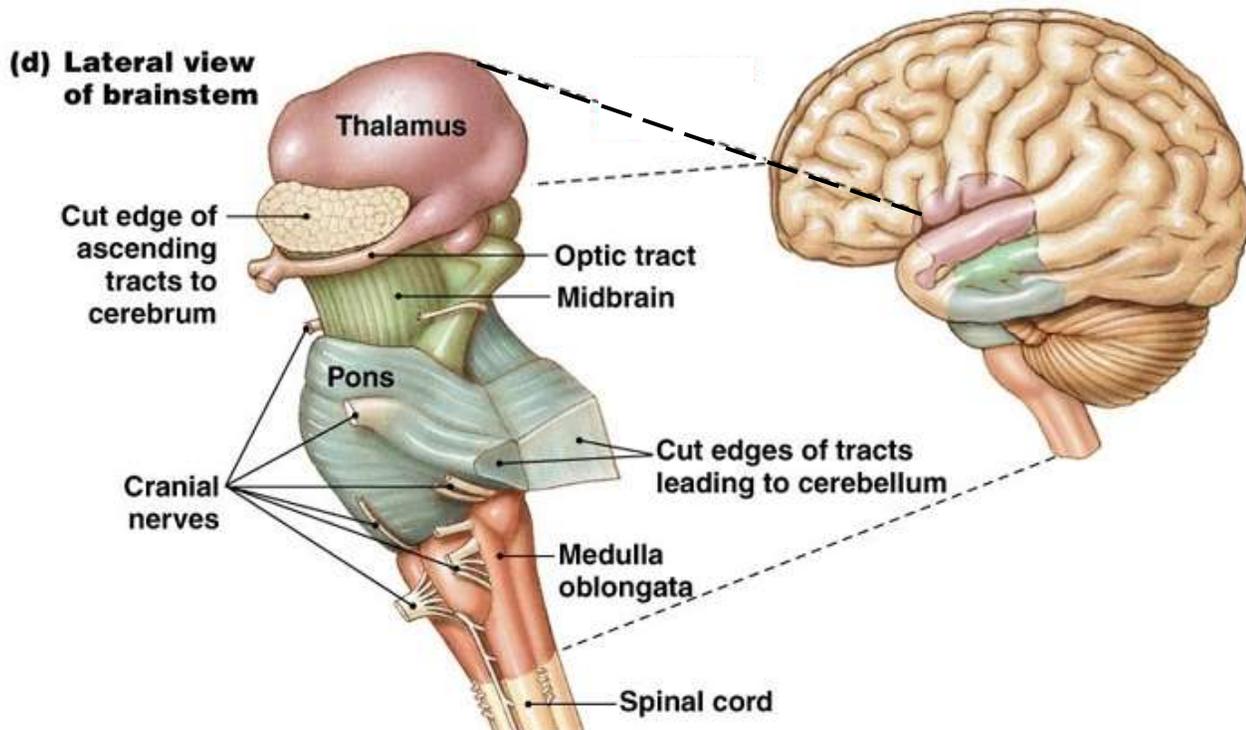
When there has been a severe condition of stroke, or a long-standing case of senility, autopsy will often show a brain that has practically "turned to stone." So it is obvious that even the most brilliant scholar can become senile if he allows such a condition to occur in his body, i.e., clogged or hardened arteries.

Arteriosclerosis can be reversed if one will reverse the cause and the "cause" is the use of inorganic, dead, stale, processed and overcooked foods. Use fruits, vegetables, grains, nuts and seeds, and as many of these "raw" or "wholesome" as possible. Also, low-heated foods, such as grains, lentils, potatoes, etc., can be used.

Eliminate all sugar and flour products, and change from processed foods to live foods, and healthful drinks such as raw vegetable juices.

Another part of the "reversing program" of overcoming hardening of the arteries is the principle of flushing the system with steam distilled water. The amount used should be **one ounce of steam distilled water for each pound of body weight per day.** As an example, a person of 130 pounds of weight should drink no less than 130 ounces or approximately one gallon of this water each 24 hours. This (steam distilled) water is pure and can do miracles for a person who will drink it faithfully.

Dr. Christopher's Black Cohosh Tincture Combination: When the medulla oblongata, at the base of the skull and into the first and second vertebrae has been damaged, or has deteriorated from improper eating routine (arthritis, etc.), and in some cases because of weak inherent conditions handed down from generation to generation, we have trouble in body motion and movement. This area, when in malfunction, is the inability of the body to control itself, as it should.



This condition displays itself in many ways, as dizziness, lightheadedness, loss of control over locomotion - epilepsy, multiple sclerosis, muscular dystrophy, stroke, etc.

The "number one" part of the body that then needs help in these type of conditions is the motor nerve area, at the medulla.

B&B FORMULA

We have a special formula that we first used with our epileptic patients years ago. This formula came as an answer to a prayer, when help was needed in a severe epileptic case. The formula is made up of Blue Cohosh, **Black Cohosh**, **Blue Vervain**, **Scullcap** and **Lobelia** in a regular "ninety proof" tincture form.

HEAL Produces this Formula under the Name: *Hearing Loss Formula*



Blue Cohosh

There are approximately three million, five hundred thousand herbs, and we do not know of any two herbs on earth that will do the job of rebuilding the motor nerve as well as do **Blue Cohosh** and **Black Cohosh**. I am glad the good Lord was kind enough to locate them for us; I could never have gone through that many



Black Cohosh

herbs to locate these specific herbs for a specific job.



He also showed the use of **Scullycap Herb** in the formula for the use of rehabilitating and renewing the spinal cord, so it could again relay its messages from the motor nerve area to the parts of the body that required help and guidance. **Lobelia** is an antispasmodic, to act as a nervine and to discontinue spasms that were cutting off or slowing down the messages being sent.



These five herbs put into a formula, as they have been, have given thousands of people a new lease of life, by cleaning a fouled up message and delivery system and getting it into a smooth and natural response, instead of seizures and contortions as before.

Milk: Dr. Ellis gives an excellent discussion in the **Health View Newsletter** on the evils of milk and dairy products.

Dairy Products contain a substance which attacks the arteries, weakening them for such disorders as heart disease and stroke.

Testimonials

Water: From one of Paul Bragg's books "**The Shocking Truth about Water**" (Burbank, CA 91303, Health Science, 1970), I would like to pass on to you the following:

Take my own life, for instance. I was born on a farm in Virginia, along the Potomac River. We got our drinking water from a well-crystalline, fresh, sparkling water. But it was very hard water, containing in solution calcium carbonate and other inorganic minerals from limestone.

When we boiled this water, incrustations of these inorganic minerals formed in large slabs inside the kettles, and in time produced holes in the bottoms. Kettle after kettle had to be thrown away and replaced by



another, with the same thing happening to the new one in time.

The hard water made dishwashing, laundering and cleaning difficult. The soaps used for these purposes simply would not make suds.

But the greatest damage done by this hard water was to the humans who drank it.

My grandfather was a man in his mid-sixties. He was a big, strong six-footer, about 200 pounds of solid muscle. He was an expert horseman, a finished hunter and a hardworking farmer.

I can remember when he had his first stroke. There was a large family of Braggs, and we were all seated at the dinner table. Suddenly there was a crash of dishes, and my grandfather slumped over the table. When the country doctor arrived, he stated sadly that grandfather had lost all control of his left side due to brain damage.

From now on this poor old man needed constant attention. With a completely paralyzed left side, he could not walk without the aid of someone to steady him. He had absolutely no control of his eliminative system. This, helpless, sick man went into rages of anger. There was great difficulty getting food into his body because he had lost the ability to chew it. Only very soft bland food could be fed him.

This fine man we knew and loved was, as far as real living was concerned, dead. You have no idea what a great burden he was on my parents and family. The poor, helpless man dragged on this way for three years and then the second and final stroke came and he was actually dead.

His body went to the John Hopkins Hospital in Baltimore, where the doctors who performed the autopsy stated that his arteries were like stone. My grandfather was born and reared on that farm and drank that hard water all his life.

It was many years before my questions were answered. In the meantime, I witnessed what the hard water was doing to my family and our relatives and friends.

Here we were living on a big, fine farm, with an abundance of foods of all kinds. We had a good, comfortable home. It was a beautiful farm on a majestic river. But there was suffering among the adults. These pains were bulked into one word, and that was "misery." Each day I would hear my mother ask different people, "How is your misery today?" And the sufferer would give a doleful answer to my mother's questions.



The Ten Basic Kinds of Water

1. Hard Water. This is saturated with calcium, iron, magnesium, and many other inorganic minerals. All water in lakes, rivers, on the ground, in deep wells, is classified as hard water. (Many city systems take water from rivers or lakes, or reservoirs supplied with mountain water; they erroneously call their supplies "soft water" but it is soft only in comparison with water which is harder.)



2. Boiled Water. Boiling helps remove some of the germs, but concentrates the inorganic minerals. Other germs are carried into a fertile element for rapid and lusty propagation of germs and viruses already in the body.

2. Raw Water. This has not been boiled. Raw water may be hard (as calcium hardened water) or soft as rain water. It contains millions of germs and viruses in every densely inhabited drop. Some of these viruses and bacteria may adversely affect the thyroid gland, the liver and other vital body organs.



4. Rain Water. This has been condensed from the clouds. The first drop is distilled water. But when it falls as rain, it picks up germs, dust, smoke, minerals, strontium 90, lead and many other atmospheric chemicals. By the time rain water reaches the earth it is so saturated with dust and pollutants it may be yellowish in color. Water is supposed to act as an atmosphere purifier. If we had no air pollution, we would have far less pollution in our drinking water.

5. Snow Water. This is frozen rain. Freezing does not eliminate any germs. All snowflakes have hardened mineral deposits. Melt the cleanest snow and you will find it saturated with dirt, inorganic minerals, germs and viruses.



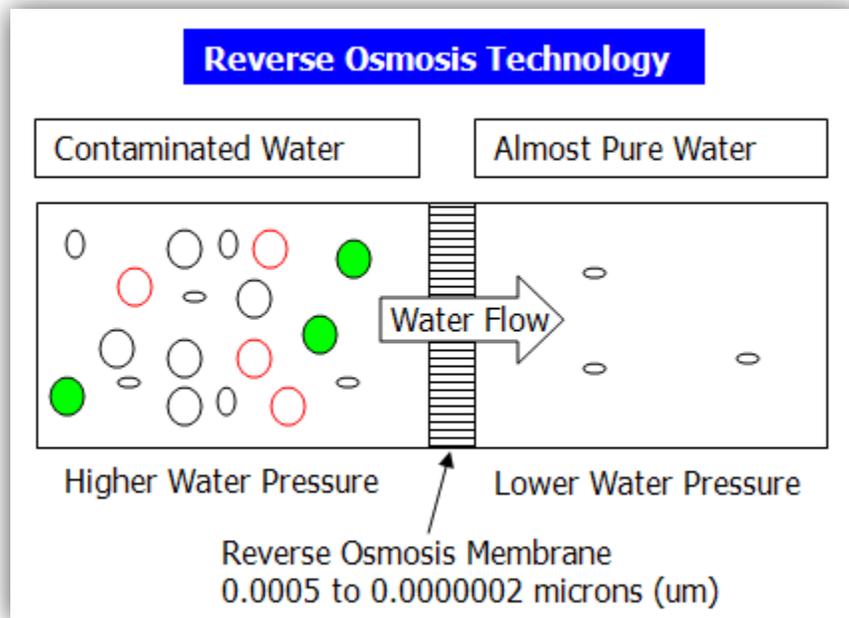
6. Filtered Water. This water has passed through a fine strainer, called a filter. Some calcium and other solid substances are kept in the filter; there is no filter made which can prevent germs from passing through its fine meshes. Each pore of the finest filter is large enough for a million viruses to seep through in a few moments. Home filters usually only pick up suspended solids and are effective for a time, maybe only for hours, until they are filled up. Then they are ineffective even for removing suspended solids, and at the same time becomes a breeding ground for bacteria.

7. Soft Water. This water is soft in comparison with water which is harder. It may contain many trace minerals and chemicals, viruses and bacteria. **It is not to be confused with "softened water."** Soft water may be classified as water which is harder than distilled water.

8. Reverse Osmosis.

This is a system of water purification which allows pre-filtered water to be forced through a semi-permeable membrane to separate impurities from our drinking water. However, this membrane allows only certain molecules to pass through providing the water pressure is exactly constant. The matter of water pressure is a problem still to be solved. Furthermore, the membrane also allows some iron and nitrate molecules to pass through. Another problem to be solved.

But it now seems promising that we can look forward to tremendous strides in this system of water purification. Gulf Oil, Culligan and Eastman Kodak are sponsoring vast research in this area. High purity water between 90 and 97 percent of the dissolved mineral (and organic solutions), and over 99 percent of the suspended and colloidal particles are rejected by, the special membrane which has been developed for this process by these companies in their research. The product water, from this new research, is ultra-clear, low in dissolved solids, practically free from hardness components and essentially sterile as produced. This makes a close second to distilled water.



9. De-ionized Water. A process of exchanging "hard" ions for "soft." The total ions are still present. The end result is the same. But the water has the appearance of being distilled. (Nature recognizes transformation but not extinction!) Since water leaving the sodium-cation exchanger has little hardness, it contains sodium salts.

10. Distilled Water. This is water that has first been turned into steam so that all of its impurities are left behind. Then through condensation, it is turned back into pure water. It is the only pure water. The only water free from all contamination. Distilled water may well be considered the only pure water on earth.

Writing in Food, Yearbook of the U.S., Department of Agriculture, 1959, Dr. Oaf Michelsen of the National Institute of Health, tells us:

Next to oxygen, water is the most important factor for survival of man and animals. A person can do without food for five weeks or more, but without water he can survive for only a few days.

