

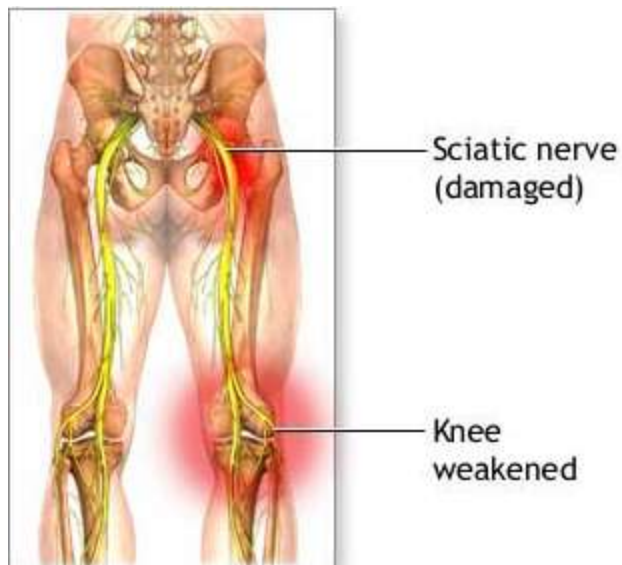
SCIATICA

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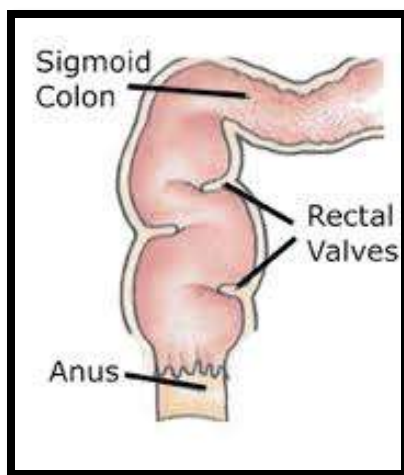


Symptoms:

Neuralgic pain along the course of the sciatica nerve, which runs down the back of the thigh. It is supposed to be due to inflammation or injury to the nerve, resulting in pain, numbness, tingling and tenderness along the course of the nerve, and eventual wasting away of the muscles that are enervated by the malady. With inflammation of the sciatica nerve, there is extreme pain around the hip region and in the lumbar muscles.



Cause:



Crippling pain of the lower extremities has long been blamed on the sciatica nerve, but actually it is not a nerve problem at all, but is due to toxic poison from the sigmoid section of the bowel (which is the area going from the descending colon over to the rectal area). This important small section of the intestines is subject to kinks or pockets which cause toxic poisons in the area and in the leg area, which in turn irritate the sciatica nerve, dislocating the sacroiliac. When the affected part of the bowel is cleaned out with the lower bowel tonic and cleansing program, the poisons no longer affect the nerve area.

Herbal aids:

The best remedy is to empty the bowel and cleanse the sigmoid.

Then give organic aid as fast as possible.

The greatest herb for this problem is chaparral supplemented by burdock root tea. Sassafras and Brigham tea may also be added. This combination makes a delicious drink when sweetened with honey. *Do not drink it with chaparral (creosote bush) tea.*



Bathing the feet in hot apple-cider vinegar will help, and if you wish faster action, place the right foot into a pan of chopped garlic (with the bare foot on the garlic), and the left foot in hot apple-cider vinegar.

This will start a circulatory movement which will give quick relief.

The internal use of apple-cider vinegar and honey (a tablespoonful of each, three times a day), or MCP pectin (a teaspoonful three times a day) will speed the cleansing.

For external fomentation or poultices, use burdock root or crushed burdock leaves, with one-fourth part lobelia added, or a hot apple-cider vinegar fomentation.

Useful herbs:

Apple-cider vinegar, chaparral, MCP pectin, broom, burdock, rue, sassafras, tansy, wintergreen.