

# NF FORMULA

## HERBAL NERVE FOOD COMBINATION

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## Formulae

Black Cohosh, Capsicum, Hops Flowers, Lady's Slipper, Lobelia, Scullcap, Valerian, Wood Betony and Mistletoe

## Therapeutic Action

Here is a formula we have used with great success for well over thirty years and is used for relieving nerve tension and insomnia. It is mildly stimulating and yet lessens the irritability and excitement of the nervous system, and also lessens or reduces pain.

This formula contains herbs that feed and revitalize the motor nerve at the base of the skull (medulla area and upper cervical), and also herbs that help rebuild or feed the spinal cord. This group of herbs will also rebuild the frayed nerve sheath, the nerve itself, and its capillaries.

This Herbal Combination is food for your valuable, and in many cases shattered, nerves.

## Dosage

The suggested amount for an adult's use would be  $\frac{1}{4}$  to  $\frac{1}{2}$  tsp. in cup of hot distilled water one to three times in a day, taken with a cup of celery juice or steam-distilled water.

## The Various Herbs In This Formula Each Have Their Own Job To Do.

**BLACK COHOSH** is one of the herbs we mentioned before as a special aid for the motor nerve. It is astringent, diuretic, emmenagogue and alterative; it's high in fiber, cimicifugin, isofirulic acid, phosphates and other organic salts.

**CAPSICUM**, a stimulant, tonic, rubefacient; it is high in calcium, sodium, Vitamin C (ascorbic acid), niacin, riboflavin, thiamin and Vitamin A.

**HOPS FLOWERS**, a tonic, anodyne, diuretic. It has calcium, phosphorous, potassium, copper, trace of arsenic and also has humulene, etc.

**LADY'S SLIPPER**, antispasmodic, nervine and tonic. It is high in fiber and has calcium, phosphorous, sodium, potassium, etc.

**LOBELIA**, antispasmodic, nervine, expectorant, emetic, diaphoretic and antispasmodic. It also has potassium, calcium, and phosphorous.

We remember **SCULLCAP** as the special food for our spinal cord. This herb has high fiber, calcium, phosphorous, potassium, sodium, chlorine, iron and magnesium.

**VALERIAN** is an anodyne, antispasmodic and nervine. Here we are supplied with sulfur, copper, manganese, phosphorous, calcium, potassium, magnesium, sodium, valenamic acid, tannic acid, acetic acid, and many others. This herb is almost 'pure nervine'.

**WOOD BETONY** is one of the top herbs in calcium and phosphorous. It is a nervine, aromatic, astringent and alterative. It features potassium, calcium and phosphorous.

The last of this nerve herb formula is **MISTLETOE**. It is a nervine, antispasmodic, tonic and narcotic. It has calcium, phosphorous, potassium, sodium, magnesium, visine and many other trace minerals.

If you will notice, most of the nervine herbs in the formula are well supplied with calcium, phosphorous (which work well together), and these two are for the worn nerve sheath. They also have potassium, sodium, and trace minerals to rebuild worn parts.

**We have seen many nervous people use this rich nerve tea and find that their nervous system has calmed down and showed a great needed change and a "better disposition." I realize that much of these promises of "Herbal Miracles" sound fantastic to unbelievable, but we are preparing documented cases which will appear in book form in the future.**

## Pricing:

**Tinctures:** 1/2oz/\$15    2oz/\$25    4oz/\$50    16oz/\$150    32oz/\$300    Gallon/\$900

**Dry Kits:** Sm. 4oz/\$70.00    Lg. 8oz/\$120.00



Dry Herb Kit



Gallon



2 oz --32 oz