

# NF FORMULA



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## Formulae

*Black Cohosh, Cayenne (Capsicum), Hops Flowers, Lady's Slipper, Lobelia, Skullcap, Valerian,*



Capsicum

## Therapeutic Action

Here is a formula we have used with great success for well over thirty years. The herbs in this combination are food for your valuable--and in many cases, shattered--nerves.

It is used for relieving nervous tension and insomnia; it is mildly stimulating and yet lessens the irritability and excitement of the nervous system and also lessens or reduces pain.

This formula contains herbs that feed and revitalize the motor nerve at the base of the skull (medulla area and upper cervicals), and also herbs that help rebuild or feed the spinal cord.

This group of herbs will also rebuild the frayed nerve sheath, the nerve itself, and its capillaries.



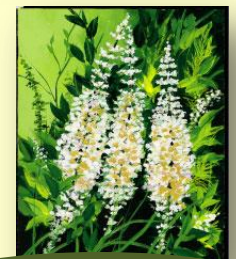
Lady's Slipper



Lobelia

## Dosage

The suggested amount for an adult's use would be ¼ to ½ tsp. herbal extract in a cup of steam-distilled water one to three times a day.



Black Cohosh

**Tinctures:** 1oz/\$15 2oz/\$25 4oz/\$50 8oz/\$100 16oz/\$150

**Dry Kits:** 4oz/\$80 8oz/\$120



Dry Herb Kit  
ready to tincture



Gallon



2 oz --32 oz