

HEAL MARKETPLACE

KIDNEY STONE DISSOLVING ROUTINE



Uric Acid Crystals in the Kidneys are easy to dissolve quickly. Small calcium gravel and plaque is easier and faster to dissolve than one large stone. Regardless of the size of your crystal and rock collection, if you have or even suspect any type of sediment, gravel or stone in your Kidneys or Bladder, or have been diagnosed by a doctor as having them, it is time to get to work.

GRAVEL REMOVER

There is much disagreement about **Hydrangea's stone-dissolving properties**. Most authorities agree that it does remove the stones, but not everyone considers the herb a solvent. Dr. Butler affirmed that the herb relieves the pain of the passing of the calculi. Dr. Shook explained that ***the sharp pain that is associated with gravel deposits comes from the sharp points of the crystal***

piercing the kidney or ureter. When the sharp points are even partially dissolved, he said, the pain, hemorrhage and inflammation all subside, and the stone or stones frequently pass with just a stretching of the tubes. How, he asked, is it possible to account for the fact that when these stones pass through easily after the administration of Hydrangea, they are found to be smooth and round, while x-rays revealed their sharp point piercing the tissues? **He said that their clinical evidence proved that Hydrangea is truly a stone solvent.**

Here is the Stone Dissolving Routine used at HEAL to dissolve kidney stones. This routine takes 3 days and can be repeated.

On Day One Take a gallon jug and fill it with the ingredients listed below. Let the mixture steep in a warm place for a whole day, shaking every couple of hours for a minute or two.

In a Gallon Jug Combine the Following:

- 96 ounces Organic freshly juiced Apples (use the tartest available: i.e. Granny Smith's)
- 10 ounces Organic Fresh squeezed Lemon Juice
- 10 ounces Organic Fresh squeezed Lime Juice
- 10 ounces Organic, Raw Unfiltered Apple Cider Vinegar
- 8 oz of unprepared Dry Kidney Flush Tea
- One 2 oz bottle of the Kidney Formula (Added just before consuming; after dry herbs have been strained out)

To make this formula stronger, mix all the ingredients in a blender.

This will break down and smash all the herbs.

The herbal mixture needs to sit at room temperature for 24 hours. (Remember to shake occasionally)

Then strain through a **stainless steel** strainer or squeeze through a clean, cotton T-shirt.

Add your two ounce bottle of Kidney formula.

The strained formula must now be kept in the refrigerator until it is all consumed.

On Day Two & Three after it has brewed **drink 4 ounces each waking hour followed by a glass of distilled water**. It will take almost 2 days to drink the entire gallon of liquid. You can even drink an ounce every 15 minutes. Considering that you Sleep 8 hours and are up for 16, if you drink 4 ounces every hour that you are awake, you will consume a total of 64 ounces each day which means this brew will last you almost 2 days.

You will also be drinking some distilled water, up to 64 ounces a day. Only distilled water, the emptiest water is allowed. Distilled water is so empty, it is like a vacuum, and it is the universal solvent especially for unwanted mineral deposits. Just by drinking distilled water on a regular basis you dissolve stones, and prevent new ones from forming. But when added to this routine you'll have a real winner.