

# Infection

## Infection & Infectious Diseases

Posted on [October 20, 2014](#) by [Dara](#)

[Infection](#), [Infectious Diseases](#)



Can these issues be cleared naturally? Is it actually possible to clear an infection without the use of prescription drugs?

The answer to both these questions is a resounding, YES!! The more we understand what prescription drugs actually do the less likely one will be to take them.

Below are excerpts from ["Drug Therapy"](#) by Dr. Robbins

“. . . all drugs produce symptomatic relief without actually removing the cause. A drug “cures” your complaint by creating a disease of its own. . . .

“. . . How many children do you know that take antibiotics for infections? The antibiotic stops the symptoms. As soon as the antibiotic is stopped, the infection returns. It is because the antibiotic does not kill the infection, rather the antibiotic is so toxic to the liver and rest of the body, that the body must wall off, or put on “hold” the infective process to deal with the drug before it kills the body. Once the drug is dealt with, the body will, as soon as it has built up adequate nutrients and energies, resume the cleansing process via the infection. If the taking of the antibiotic was so devitalizing to the body, lowering its frequency, the infection may not return, only a more serious chronic disease at a later date.” [Continue Reading](#)

The truth is Antibiotics; prescription drugs for infections are “Suppression Therapy”. Get your mind around this it is important. Your doctor’s entire contribution for any infection is Suppression Therapy. The reason the symptoms go away is because the infection is “suppressed” deep into the tissues and organs. An infection can lie dormant within an organ or tissue until the immune system begins the process of healing. The process of clearing an infection requires the infectious waste be moved through the liver and out the bowels.

If while the waste is being processed out the immune system becomes over taxed and is unable to handle the load the body will begin reabsorbing the infection. This is when symptoms begin to appear sending the body back to the doctor for more drugs to put the infection back down. This is what we call the infection Merry-go-round. If you want off the ride, it is time to actually clear the infection using the natural herbs God has provided for just this purpose.

## **The Logic of Drug Therapy**

Drug therapy defies all logic when we consider that any drug administered to a healthy person will make him sick, and yet the doctor prescribes these very poisons to a sick person and expects him to get well. How can a body be poisoned back to health?

## **Suggestions for Treating Infection**

Now the question is raised, what does Natural Healing have to offer that will heal infection instead of suppressing the symptoms and pushing the infection deeper into the body? I have found a simple but aggressive method for treating infections of all types. The foundational infection program is the same regardless of the location or type of infection. Be aggressive; an infection should always be taken Very seriously. Here is a suggestion that can keep you away from drugs and free from worry in the future.

## **Foundational Program for infections:**

Consume 1 oz Echinacea 4 days a week (Mon-Thurs.) until infection is cleared.

*Average time to heal an infection is between 2 weeks and 3 months. (If you have used proscribed antibiotics for infection symptoms in the past the healing time can be as much as 3 months.)*

Consume 1 tsp. Herbal Antibiotic (Garlic, Goldenseal, Dandelion Root, Cayenne, Ginger, Horseradish) every 3 hours or 5 times a day.

*Here is help for the common cold; I have used this formula to clear my own kidney infections, throat infections, and virus of all kinds. The Fresh Garlic is one of the most powerful germ killers known to man, that in conjunction with the Golden seal, and Dandelion Root to purify the blood is a powerful antidote for whatever germs and viruses you have contracted. The Cayenne, Ginger root, and Horseradish provide excellent circulation of the blood throughout the body to get the germ killing agents to where they are most needed.*

Superfood: Nutrition is very important; the body needs nutrition to build the immune system needed to rid your body of the infection. Bowel Cleansing Routines: make sure your bowels are working. You want the waste moved out of the body not recycled back into the tissues.

# Lobelia as a Preventive

Posted on [October 5, 2014](#) by [Dara](#)



The world is in a panic over the Ebola Infection, and well they should be. Knowing how infectious diseases work in the body will help us develop an herbal remedy for any would be killer virus. I know our loving heavenly Father has not left us without hope or help. Today I will offer several suggestions that have not failed in the past to clear any infection I have used them on.

**Preventive Measures:** Lobelia can be used to stop the invasion of any infectious disease. Between when the virus is contracted and when symptoms begin to appear is the incubation time. During this period the virus is blocking up the system so it can take over the body. Keeping our system's open so normal waste can be properly removed prevents the blockage from being established which is key to not succumbing to an infectious disease.

**Dr. Christopher has this to say on the subject of prevention:** Lobelia is said to be an excellent remedy (and preventative) for infectious diseases. Since most fevers result from obstruction in some part of the system—usually the digestive tract, we have found—Lobelia “locates” and removes the obstruction. We have seen this happen many times with children; they begin to sicken, and you can tell there is something congesting their system. By removing that congestion, you remove the cause of the illness.

Lobelia can be used as an enema to remove congestion from the body via the colon. When Lobelia causes vomiting, Dr. [Stan Malstrom](#) claims, it usually signals a cleansing process in the body expelling debris that cannot be expelled in any other way. He considers it an effective remedy in scarlet fever, measles, whooping cough, mumps, and other contagious diseases.

It gives almost immediate relief from suffocating mucus and phlegm that has accumulated in the respiratory tract and which is often associated with these diseases.

In connection with infectious diseases, Dr. Christopher told a story about one of the most contagious of them all—mononucleosis. A woman, an elderly student of Dr. Christopher's, was in contact with the disease with the employees she worked with at a nursery hothouse. Since all of them had been using the company drinking fountain, all of them were exposed to the disease, and there was almost a complete turnover in employees because of it.

The lady tried to locate Dr. Christopher to ask what she should take to prevent getting the disease, but he was away lecturing. She took a bottle of Lobelia tincture to work with her, and took  $\frac{1}{4}$  teaspoon or 35 drops in a teaspoonful of distilled water every hour. Out of all the employees, she was the only one who did not get mononucleosis! Dr. Christopher thought that she might have needed to drink a teaspoonful every so often, (***Suggested time would be 1 teaspoon every three hours***) as he thought more might be needed to do the job!

Often a person who has a fever coming on will take the teaspoonful of tincture of Lobelia with a glass of water. After vomiting, the fever breaks and the person is able to go about his regular duties. Dr. Christopher said that Lobelia is an anti-infection herb as well as a relaxant.

# Candida Program

Posted on [February 18, 2014](#) by [Dara](#)



**A little about Candida:** *Candida albicans* is currently the most commonly isolated species, and can cause infections (candidiasis or thrush) in humans. Antibiotics promote yeast infections, including gastrointestinal *Candida* overgrowth, and penetration of the GI mucosa. While women are more susceptible to genital yeast infections, men can also be infected. Certain factors, such as prolonged antibiotic use, increase the risk for both men and women.

Candida is an issue most of us deal with to some degree. After spending nearly 15 years under medical care for bladder and Kidney Infections, which included extensive use of antibiotics, I was left with an extreme case of candida overgrowth. The best results for me came when I used a combination of the following Natural Supports.

- [Klaire Labs – Ther-Biotic Complete Powder 2.1oz](#); 1 tsp. of the powder 3 times a day.
- [Echinacea](#): 1 ounce a day for 4 or 6 days each week. [Detoxing with Echinacea](#)
- [de-Lenolate 180 Caps](#); 3 capsules 2x a day or 2 capsules 3x a day.

[Liver Flushing](#) will be necessary at least once a month. You can [do an ELF](#) as needed during the month but a full week of liver flushing at least once a month while doing an intense program is very important.

The Liver is the vacuum of the body. All the die-off produced while clearing the candida will put a heavy load on the liver. Supporting this process by flushing the liver once a month will allow you to clear your candida issue with far fewer symptoms or the detoxing backlash often accompanying a good candida program.

# Flu Busting Tips

Posted on [December 17, 2013](#) by [Dara](#)



There is nothing worse than being sick with a house full of holiday guests. Here are several tips for getting you back up and feeling great quick.

The Flu Buster Remedy is an excellent way to prevent or stop those on-coming symptoms. At the first little tickle in the back of your throat. You know what I'm talking about. That little tickle that precedes the little soreness soon to become. . . Here is how to stop that little tickle before it grows up.

## Flu Buster Remedy

Cold & Flu Remedy: 2 oz Echinacea; 2 oz Supertonic combined in 64 oz Distilled Water. Drink entire amount in one day. (Not at one setting but in one day) this can be repeated for two or three days as needed to clear symptoms of the flu.

## Basic Infection Program

IF you are really sick, follow the basic Infection program in the infection info sheet. I'd also do the [garlic paste to the feet](#). This is one of the most effective ways to clear the worst flu symptoms nearly overnight.

## To Clear A Sore Throat: [Do An Ice Poultice](#):

Here is a quick tip for clearing a sore throat. (I've seen this knock the puss pockets out of strep throat in 45 minutes). This is also great for laryngitis, or just a refreshing procedure for the voice box.

It is called an '[Ice Poultice](#)'. I know it sounds awful but it's very effective and really not all that bad. Click on the link for visual instructions.

Quick Directions: 1) wet a washcloth 2) Fold so will fit around the neck. 3)Place in freezer for 20-30 minutes or until hard. 4) Remove iced poultice from freezer and fold snugly around the neck. 5) Cover with Folded hand towel and fasten with safety pen.

Leave ice poultice in place until warm. Usually around 45 minutes. It is best not to eat or drink anything during this time. Also do as little talking as possible.

**What is happening?** You are providing intense Hydro-therapy for your throat and voice-box. The body is sending fresh warm blood in large supplies to warm the neck. This fresh blood is loaded with everything available in your body to clear the inflammation causing your sore throat. The Ice Poultice focuses the immune system into the area of the neck and throat where it can work its magic to clear any issue.

I normally drink a cup of Hot [Herbal Antibiotic](#) with Honey while the poultice is freezing and another one as soon as I take it off. By the time the second cup is finished so is my sore throat.

- 1 tsp Digestive tonic
- 1 tsp Lg/Ap

Combine in one or two ounces water and drink all at once.

These suggestions can be repeated and used as often as necessary. Nothing suggested above will harm in any way.

## Infection Q&A

Posted on [February 5, 2013](#) by [Dara](#)

1. Is there a “preferred” way to alternate the [Herbal Antibiotic](#) and the [Infection Formula tinctures](#), e.g., alternate every other day or one week with one then one week with the other?

A: If you have a really bad infection the two formulas can be taken fifteen minutes apart every three hours. This would make five doses a day.

When you want to do an extended work with the Infections formulas (meaning both the [Herbal Antibiotic & the Infection Formula](#)) A couple weeks with the Herbal antibiotic followed by a couple weeks with the infection formula would be good extended work for clearing a long standing system wide issue. Continue with this until the system has been cleared of infection. The Body will not be harmed by the extended use of these healing formulas. :[Infection Information Sheet](#)

1. In the infection program Echinacea is taken four days a week, but the timeframe on the herbal antibiotic is specified only in doses per day but nothing stated about days per week. Is it the same four days as the Echinacea or daily for the entire regimen??

A: The infection formulas are used six days a week. Remember to always take the Lord’s Day off from your healing programs.

1. What suggestions do you have for amounts and frequency of taking fresh garlic in addition to the tinctures? I have the page of your suggestions for how to take it ([ways to eat a lot of garlic](#)) but am unclear as to how to determine when and how much.

A: Depending on the degree of infection you are clearing from your system you can use an additional 5 to 10 cloves a day or for serious cases up to 50 or 60 cloves a day. The extended use of [garlic](#) would depend entirely on the extent and severity of the infection being cleared.

1. Since I also intend to work [liver and kidney flushes](#), would it be best to do those before starting an infection project in case some of the issues are being caused by liver overload?

A: Doing a good [ELF](#) at the onset of the infection work is a good idea. This will ensure the liver is open and able to clear the die-off from the system as it processes out. Continuing on with a week of liver flushing followed by the Kidney flush will ensure the body is on top of the work you are doing. Again the amount of extra programs you work will be determined by the extent of infection you are clearing from the body.

1. I believe my bowel situation is where it needs to be for cleansing as I usually have 2 and sometimes three bowel movements a day as long as I maintain my regular probiotic regimen and normal diet.

A: I have learned from experience never to endorse a [liver flush](#) for anyone unless they will do at least one week of complete bowel cleansing with the [LBF #1 & #2](#). So often we believe our bowels are doing well but because we have never experienced good bowel function we have no idea how poorly they are actually moving the waste out. Just one week to see how you are REALLY doing is not too much to ask, and will ensure a lot less drama during the liver flush.

It's a real downer to get everything together, your mind and heart ready to do the hard work and then throw up your flush, or worse, because your bowels are not as open as you had believed.

# Sore Throat & Laryngitis

Posted on [October 24, 2012](#) by [Dara](#)

Begin Foundational Programs for Infection as explained in our Infection Information Sheet.

## Topical Application:

The Ice Poultice described below can bring relief in as little as 45 minutes.



### Items Needed:

Wash Cloth  
Hand towel  
Safety Pen



Wet Wash Cloth



Fold Wet Cloth to  
fit around neck.



Place in Freezer  
until frozen solid  
About 20 minutes



Place Ice Poultice snugly around Neck.



Cover with hand towel  
and secure with Safety  
Pen.

Leave poultice  
in place until  
warmed. This  
takes about 45  
minutes.  
No drinking or  
eating during  
procedure.

# Doing a Garlic Paste

Posted on October 24, 2012 by Dara

One of my favorite suggestions for serious, and not so serious, flu, cold, or pneumonia, really any internal infection, is to apply garlic paste to the feet. Today I want to take a few minutes to explain this procedure and hopefully, encourage you to try it next time you have the flu or even worse.

## **Q&A How to do a Garlic Paste**

### **Q: What does the garlic paste do?**

A properly applied garlic paste will quickly knocks down an infection found anywhere in the body. When used in conjunction with the **Foundational Infection Program** as described in the **Infection Information Sheet**, a garlic paste will provide the additional herbal support needed to effectively deal with everything from the common flu to dangerous life threatening infections anywhere in the body. It is Natural Healing first aid for pneumonia.

<http://www.ladyofherbs.com/ailments/Infection.pdf>

### **Q: How can putting a paste on the feet effect and clear fluid from the lungs?**

From Reflexology we understand that there are nerve endings for every organ and parts of the body in the feet. Depending on where pressure is applied to the feet one can stimulate an organ or relax spastic muscles groups. A garlic paste uses the same nerve endings to move the healing power of the garlic throughout the body. There are hundreds of websites that can provide a basic understanding of Reflexology. Do a Google search for more information.

### **Q: Can the Garlic paste be done to a child?**

Yes, I've preformed this on a baby only 15 days old with pneumonia. The Child was completely better by the next morning. Children seem to respond very well to this procedure. I would not hesitate to do this to a sick child.

**Q: Are there any special instructions or precautions we need to follow when doing a garlic paste to the feet.**

Yes, the bowels must be open and working well. Backed up bowels will only hold the waste inside causing the body to reabsorb the infection and be sicker than before.

2<sup>nd</sup>: Once the garlic paste has been applied to the feet the person cannot put pressure on the bottom of the feet. Pressure will cause the garlic to press through the Vaseline barrier and come in contact with the skin. This can cause blisters and burning of the skin. Garlic is a valuable healing tool but at the same time it must be respected and used with wisdom. If the feet develop a burn soak the affected area in Aloe Vera Gel, this will quickly clear the burn.

**Q: Can I do the paste for more than one night in a row?**

Yes, this procedure can be done on consecutive nights when dealing with a serious infection. Expect to see what good results you will from the paste around lunch time. If the body is still fighting to clear the infection feel free to do the paste again. When the paste is applied for more than one night there is a good chance the feet will get a little burnt. It is a small price to pay for the healing that is being received. Use your Aloe Vera Gel to clear any discomfort. This is almost a certainty when the procedure is done for two nights in a row on a child's feet.

**Q: How will I know the paste is doing anything?**

Several years ago my husband got the flu just as he started to give birth to a kidney stone. He was in a lot of pain for a couple of days which makes him throw up easily. I could not get any herbs into him to clear the flu so I just did the garlic paste to his feet. I ended up needing to apply the paste for three nights in a row. Yes, his feet were a bit burnt.

The first night I put the paste on at bed time. When applied the paste is mainly clear and white. In the morning when I removed the gauze from his feet the paste had changed to a bright florescent green color. The bright green color told me we had pulled out live virus. His system was live with infection.

The second night the paste was applied and in the morning it was partly bright green and partly a brownish color. This told me some of the viral was coming out dead. His immune system was trying to get on top the infection.

The third day we soaked his feet in Aloe Vera gel to clear the burn he had developed. That night we applied the paste for the last time. In the morning the paste was brownish to black in color. His body appeared to be on top the infection. Each day around lunch time I could see his symptoms had improved greatly from the day before. By noon the third day he was nearly symptom free.

As a foot note to this story I have had members who reported using this paste and it did not change color at all. This does not mean the paste is not working only that the body is eliminating the die-off through other channels. The member who used the paste, on her very sick teenage daughter, without color change did note the daily improvements the same as we had. This procedure has proven itself extremely effective time and time again. If you need to clear an infection don't hesitate to make up and use this paste.

**Q: I can't last all night without running to the bathroom. How do I stay off my feet during the night?**

Men can use a urinal in the bed. We women, will it's a different story for us. There are female urinals and some women use them successfully. Here is my suggestion for a woman who needs to use the garlic paste on her feet. It is best to plan to spend the night in your recliner. Cover the recliner with a plastic shower curtain. (It is good to keep one on hand for messy procedures.) Then a sheet is placed over the shower curtain. The seat of the chair is lined with the blue bed liners. The option now is to use an adult diaper or attempt to use the urinal, I would suggest doing both.

Once you are settled in your chair with a good book or several long playing movies apply the paste to your feet as directed and settle in for at least 6 hours. (8 hours is even better) Yes, it is worth the hassle.

I Hope this has answered any questions you might have about doing a garlic paste.

## Kidney Pain—Infection

Posted on [October 18, 2012](#) by [Dara](#)

Years of reoccurring Kidney infections gave me plenty of opportunity to learn what would or would not work when clearing this issue. For Kidney pain which can feel like a stiff back ache. I found myself holding onto furniture for support as I would walk around. My back would ache so badly I could hardly move. I could rule out a spinal issue by drinking the following three drinks one right after the other. The effect they had, as soon as the fluid began to filter through my system, was to calm my spastic kidneys effectively ending the discomfort.

- 16 oz boiling water added to 1 oz Echinacea
- 16 oz boiling water added to 1 tablespoon Herbal Antibiotic
- 16 oz cold water, 1 oz lemon juice 1 tsp Cayenne, 1 tablespoon maple syrup

*If by some chance the discomfort did not stop I could assume my back was in spasms from the spinal issue or, as a female, I could be dealing with menstrual cramps.*

# Two Infection Fighters

Posted on [October 18, 2012](#) by [Dara](#)

HEAL has two general infection fighting formulas, the Herbal Antibiotic, and Infection Formula. The question keeps arising on how to use them. I hope to address this today and provide a few tools for understanding how to fight infection naturally.

## Definition

**Infection:** The invasion and multiplication of microorganisms such as bacteria, viruses, and parasites that are not normally present within the body. An infection may cause no symptoms and be subclinical, or it may cause symptoms and be clinically apparent. An infection may remain localized, or it may spread through the blood or lymphatic vessels to become systemic (bodywide). Micro-organisms that live naturally in the body are not considered infections. For example, bacteria that normally live within the mouth and intestine are not infections.

An infection is a serious condition that if left unchecked can be fatal. Any infection of the body needs to be handled aggressively and cleared as quickly as possible.

## Herbal Antibiotic

**Formula:** Garlic, Dandelion, Goldenseal, Cayenne, Ginger, Horseradish

This formula is all about the Garlic.

Garlic kills germs!!! In 1944, chemist C. Cavallito identified the stinky compound in garlic, called allicin, and demonstrated that it was a highly effective antibiotic. Other tests have confirmed that garlic is an even more powerful germ-killer than either penicillin or tetracycline. The list of microbes that garlic can slay includes botulism, tuberculosis, diarrhea, staph, dysentery, pneumonia, sepsis and typhoid. Reports list 72 separate bugs garlic can bump off; bacteria, yeast, fungus, parasites and protozoa all yield to garlic.

The most significant recent discovery is that garlic also kills viruses. Using the Herbal Antibiotic at the first sign of a cold or flu will in most cases prevent the onset of symptoms. I have found when I begin to get that all over achy feeling or a scratchy

feeling in the back of my throat I can prevent the viruses from getting a foot hold in my body if I will start using 1 teaspoon of Herbal Antibiotic in a cup of hot water with honey. I will keep my cup full and sip on this all day long. Normally I'm on top of my symptoms in about 24 hours.

Dr. North's data shows garlic extract kills with near 100 percent effectiveness; human rhinovirus which causes colds, parainfluenza3, a common flu and respiratory virus, herpes simplex1, which causes fever blisters, herpes simplex2 responsible for genital herpes. In addition, garlic has killed the polio virus with 90 percent effectiveness and proven capable of tackling the deadly HIV virus.

The Herbal Antibiotic has been used effectively to clear nearly every type of infections. I have always been disappointed and frustrated with how poorly it deals with teeth & gum infections.

For the basic Infection program ask for our Infection Information sheet

### **Infection Formula**

**Ingredients:** Plantain, Black Walnut, Goldenseal root, Bugle Weed, Marshmallow Root, Lobelia

This formula is all about Plantain.

Plantain is known as an alternative herb, cleaning the blood and the eliminative tissues and organs. Alterative herbs gradually alter and correct impurities and toxins within the blood. Therefore plantain is beneficial for the liver, kidneys and skin.

Plantain has a stimulating alterative effect on the circulatory system.

It is one of the best herbs for blood detoxification, especially where blood poisoning or bites and stings are present as plantain reduces the swelling as well as healing the affected area.

Plantain is also beneficial for kidney and bladder complaints as well as for any skin condition.

Plantain is therefore one of the most efficient herbs for fighting infection and can also be used as a poultice to draw out infection.

Good for:

- Detoxification and improving the quality of the blood
- Stimulating and detoxifying the circulatory system
- Teeth & Gum infections
- Blood poisoning, bites and stings
- Fighting infection
- Kidney and bladder complaints
- Ongoing skin conditions
- As a poultice for drawing toxins and infection from the body

### **Uses and Examples**

Our Infection Salve has been used to clear strep from the skin. It is extremely effective on any skin infection including the more serious ones. The salve is also an excellent aid for wasp or bee stings, ant bites, ect... Apply generous amount over affected area wrap with clean material if needed.

**The Herbal Antibiotic & Infection Formula may be used together when dealing with serious infections.** Several years ago an older gentleman member had been sent home to die with an abdominal infection the doctors could not clear. He began doing the herbal infection program using both formulas. Within days he was feeling better than he had felt in years. He used the formulas for several months before deciding he had done enough. He is still alive and doing very well.

### **Teeth & Gum Infections:**

Over the past 15 years teeth & Gum Infections have been a real sore spot for me. The Herbal Antibiotic although very effective on all types of infections was slow to clear mouth issues. My husband has had numerous teeth & gum infections and used the Herbal Antibiotic with only poor results. After developing Dr. Christopher's Infection Formula I was thrilled to find it work quickly and effectively to clear the mouth issues of several of our members. Finally we have an answer for the stubborn Teeth & Gum infections.

## **Final Thoughts on Infection**

With two such powerful herbal aids at our disposal there is no infection known to man that cannot be cleared. The Father has not left us at the mercy of an unseen enemy. We just need to reach out and use the gifts left for us in nature. These herbs can be used internally as an herbal extract, applied topically as a salve or poultice, or inserted inside the body. The important thing is to use them.

# My Infection Testimony

Posted on [October 18, 2012](#) by [Dara](#)

I have received numerous phone calls and emails from members with serious infections who are searching for a Natural Healthy way of cleansing their bodies from these unwanted invaders. It is becoming apparent that the antibiotics we have used for years are no longer working. Their only job is to suppress the symptoms, thus sending the infection deeper into the body.

Those who have used antibiotics to (heal) suppress the symptoms of infection; only to have the symptoms return shortly after the drugs are stopped, will understand this symptom merry-go-round. I have found a way off that ride for myself.

**I have had to contend with frequent kidney infections since I was a teenager.**

Early on I would get a couple of infections a year. By my early 20's I had progressed to seasonal bouts with infections. Over the next ten years they continued to be more and more frequent until I was spending more days using antibiotics than not. If I was not on a current proscription for infection I was fighting the backache and bladder discomfort that usually preceded a full-blown infection.

**In 1996 we moved from California to New York where I was introduced to Natural Healing.**

A friend at the campus my husband was working on suggested I use some dry herbs instead of running off to the emergency room for another prescription. I had lost my medical insurance and was willing to try anything that promised to save us the cost of the emergency room and expensive prescriptions.

My symptoms cleared quickly, leaving me amazed that something so simple could be so effective. It was almost three months before the infection tried to return, but this time I knew what to do and headed it off with the herbs I'd used before. Over the next two years I felt like I was on the edge of an infection several times but the dry herb mix managed to clear my symptoms, keeping me out of the Emergency Room and off those expensive medications.

In 1998 I was introduced to Dr. Schulze's incurables program and herbal extracts. My experience with the extracts convinced me that the concentrated power in these liquids was far more effective than the dry herb capsules I'd been swallowing. With this new understanding I quickly developed my first batch of Herbal Antibiotic. I'd learned a few things about herbs that moved blood and those that fight infections so with only three additions (Cayenne, Ginger, Horseradish) I developed what I proceeded to call my Herbal Antibiotic Formula.

Once I began using this potent extract for the infection looming just below the surface I felt a powerful difference. The infection cleared and did not reappear for nearly a year. Now I can say I'm infection free. At the writing of this article it's been nearly a decade since my last kidney infection.

We have gone on to use this powerful formula to clear infections of all types from the body. These herbs have never failed to do the work God intended they do.