

HEART FORMULA

Herbal Food to Strengthen & Promote Heart Health

- STRENGTHENS The Heart
- REGULATES The Heart Beat
- PROMOTES Over All Circulation
- HERBAL FOOD Formula for the HEART.
- 100% organic, herbal, sugar-free and chemical-free

BOTANICAL INGREDIENTS:

Hawthorn Berries, Red Clover, Golden seal, Motherwort herb, Garlic bulbs, Ginger, Cayenne,



HAWTHORN BERRIES

A celebrated cardiac tonic for many centuries. Under conditions of stress, the heart often "works overtime." Hawthorn berries can help in treatment of high or low blood pressure, tachycardia, and arrhythmia. It is also anti-spasmodic, sedative, and soothing to nerves, especially in nervous insomnia.



RED CLOVER

Dr. Christopher included Red Clover in his list of "Ten Honorable Herbs" which are ten of his favorites. He said that the beautiful blossom, which is quite mild in flavor and action, is one of the most powerful blood purifiers. The tea, not taken in the combination but alone, is a good stimulant for the liver and gall bladder.



MOTHERWORT HERB

Motherwort is predominantly a womb remedy, for painful, delayed or suppressed periods, and also to prepare for childbirth. If taken two to three times daily, in the last few weeks of pregnancy, it encourages more coordinated contractions of the uterus when otherwise they could be painfully spasmodic or insufficient.



GOLDENSEAL ROOT

Despite the warnings about overuse of the herb, Golden Seal is considered to be one of the best general medicinal aids in the entire herbal kingdom. It is tonic, laxative, alterative, and detergent, or antiseptic.



GINGER ROOT

A stimulant and a 'lead sheep' herb, bringing the other herbs in the formula into the abdominal area. Ginger differs from cayenne as a stimulant, in that the cayenne stimulates the heart, arteries, veins and then the capillaries. Ginger starts its stimulating effect in the capillary, flushing out the "constipated" capillary, driving these wastes into the veins for disposal.



GARLIC BULBS

Garlic has been known for centuries to function as a natural antibiotic. It destroys the unnecessary and harmful bacteria throughout the human system. It emulsifies cholesterol and loosens it from arterial walls. It is effective in arresting intestinal putrefaction; it is used against contagious diseases, high blood pressure, fevers, parasites, worms, nicotine poisoning, colic, and yeast infections.



CAYENNE

Nature's finest stimulant; source of calcium and vitamin A. Aids in circulation of blood which brings oxygen and other nutriments to cells in need of repair.

HOW IT WORKS

This is an amazing combination of herbs to aid in rebuilding a malfunctioning Heart. The Hawthorn Berry is known to be "Heart Food" strengthening and nourishing the heart muscle. Red Clover and Garlic have proven themselves as potent and effective heart and circulatory medications, especially in thinning the blood which alleviates high blood pressure and reduces the risk of blood clots in the blood. Both these reduce the risk of heart attack. Motherwort is used as a general "fix all" cardiac tonic. It exhibits strong influence over the regularity of the heartbeat. Cayenne & Ginger aid in the body's over all circulation

DOSAGE

Add 2 to 4 droppers full to 8 oz. hot water, sweeten with honey if needed. (1/2 – 1 tsp.) three times daily.