

# G-NERVINE SALVE

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The nervine herbs are a valuable natural aid for relieving nerve pain. They are extremely effective for that “fire ball” of pain which can develop over an injured knee or other over used body part. A reference from Dr. Christopher states that nervine herbs are good for nerve pain.

Taking Christopher at his word we developed the G-Nervine Salve which has proved to be extremely useful in calming with all types of nerve pain. Knees, ankles, necks, ect pain has all been calmed. In addition G-Nervine Salve has been used successfully to calm the nerve pain associated with Shingles.

The pain associated with an injured knee can interfere with a good night’s sleep as well as prevent good movement and exercise during the day. One of the best ways to smooth the fiery pain from an overused or abused knee joint is the **General Nervine Salve**. This salve penetrates into the inflamed nerves, allowing them to calm down and the pain to stop. There is no numbing effect only an end of the throbbing pain. Personally I have found this to work quickly during the night allowing me to get a good night’s rest.

Once the pain and inflammation are under control began work on building up the injured area.

Once the knees have been compromised an aggressive program is needed to clear the injury and rebuild strength and health. This is best done by using the BF&C Salve and Extract.

Using Hydro Therapy is also important to healing an injured knee. Anytime you have injury or illness you have blockage. Hydrotherapy is all about clearing blockage. The hot water brings fresh blood to the injured area and the cold slams all that fresh blood

through the blockage. Hydrotherapy is like shooting a blood bullet into the affected area. The hot water loads the blood bullet and the cold fires it. The more dramatic the change between the hot and cold the deeper the blood with all its healing nutrients will penetrate.

**Some useful herbal supports for injured & inflamed joints:**

**Mullein & Lobelia Salve:** excellent support to release a locked up joint and aids in removing excess lymph fluid from the area.

**General Nervine Salve:** Pain Support.

**BF&C Salve & Extract:** With consistent use this formula will support the body to Restore and repair the Bone Flesh and Cartilage.