

# FIBER-PLUS

Promotes Easy Bowel Movements And Helps Maintain Regularity!

- RELIEVES constipation and maintains regularity
- DETOXIFIES and CLEANSSES the entire gastro-intestinal tract
- REDUCES irritation and inflammation in your stomach and intestines
- 100% organic, herbal, sugar-free and chemical-free

## **BOTANICAL INGREDIENTS:**

Organic Psyllium Husk, Organic Psyllium Seed, Organic Marshmallow Root, Organic Slippery Elm Bark, Organic Aloe Vera Leaf



### **PSYLLIUM HUSK & SEED**

Psyllium is famous for its mucilaginous or gelatinous quality when mixed with water as a soothing and healing gastro-intestinal remedy, promoting both gastro-intestinal healing and almost “magical” bowel movements. Because it bulks up the stool volume and adds liquid to the stool, it makes it much easier, almost effortless, to eliminate fecal matter, thus totally relieving constipation. This ensures that whatever toxins you put into your body will make their way out of your body efficiently, rather than getting stored in the cracks and crevices of your bowel. It also naturally accelerates digestion time, which leaves the bowel—and you—feeling refreshed, rather than sluggish and tired.



### **SLIPPERY ELM INNER BARK**

Because of its high mucilage content, Slippery Elm soothes mucous membranes of the colon wall, reduces inflammation and irritation and promotes the healing of sores, ulcers, inflammation in all the internal cells that line the colon.



### **MARSHMALLOW ROOT**

Once in your colon, Marshmallow Mucilage Jelly will soften old, hardened fecal plaque that may be stuck in the crevices of your colon, and help remove it from the walls of your colon.

The pectin in Marshmallow will also draw out heavy metals, mercury, lead and even radioactive materials, both of these plant ingredients will promote easy, soft bowel movements.

These natural plant chemicals also act as a soothing, coating, internal moisturizer while providing a cooling, calming effect on an inflamed bowel—actually, the entire digestive tract.



### **ALOE VERA**

Aloe Vera is a very effective “stool softener” and “mild laxative” providing that extra gentle push needed to assist the other herbs in the **Fiber-Plus Powder** helping you evacuate easily and completely.

## **HOW IT WORKS**

Fiber-Plus powder has a very neutral taste. It makes a delicious drink when mixed with any fruit or vegetable juice. But when it gets into your colon, it forms this fibrous, mucilaginous gel that gives you “magical” bowel movements!

### **HERE ARE THE FOUR WAYS IT WORKS INSIDE YOUR BODY...**

#### **HOLDS MORE WATER**

Fiber-Plus holds more water in suspension in your food waste, so it doesn't get dried out or become too hard in your colon. This added liquid makes it very easy to have effortless, normal bowel movements.

#### **MUCILAGINOUS AND SLIPPERY**

Fiber-Plus is very mucilaginous or “SLIPPERY,” which also aids in elimination.

#### **LOADED WITH FIBER**

Fiber-Plus is loaded with pure plant “FIBER,” which again, makes for having a very comfortable and easy bowel movement.

#### **EXTRA PUSH**

Fiber-Plus contains Whole “Leaf” Aloe Vera Cactus, which adds that “MILD EXTRA PUSH” to help you evacuate easily and completely.

## **WHY YOU NEED IT**

Fiber-Plus holds water in your stool, is mucilaginous and slippery, contains fiber and adds that extra push, and for all of these reasons, it ensures you an amazingly easy, comfortable and complete bowel movement!