

FEMALE FORMULA

AN EFFECTIVE OVERALL FEMALE TONIC

- RELIEVES Symptoms of Menopause and PMS
- Helps With Regulation And Normalization Of The Menstrual Cycle
- HERBAL FOODS for Rebuilding Female Reproductive Organs
- Contains Herbs Foods to Increase Fertility
- 100% organic, herbal, sugar-free and chemical-free

BOTANICAL INGREDIENTS:

Chaste Tree berry, Wild Yam root, Dong Quai root, Damiana leaf, Licorice root and Hops flowers.



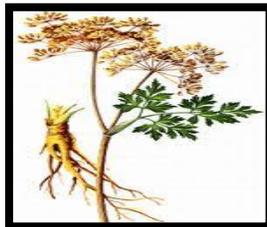
CHASTE TREE BERRY

Irregular periods: The herb helps to regulate irregular periods, tending to shorten a long cycle and lengthen a short one. **Other menstrual symptoms:** Chaste tree is valuable in treating other problems that can be linked to the menstrual cycle, such as migraine and acne. **Infertility:** The herb can help some women trying to conceive if infertility is due to low progesterone levels.



WILD YAM ROOT

Wild Yam is a very good antispasmodic so is good for menstrual cramps, relaxing muscles, soothing nerves, relieving pain. It has long been used for its benefits in women's reproductive health, including premenstrual syndrome and menopausal problems. Wild Yam's traditional use is for easing menstrual cramps.



DONG QUAI ROOT

Dong Quai is primarily known for its uses in treating women's problems including lack of sexual desire, the symptoms of menopause, cramps and PMS. Dong Quai is particularly useful in helping to end hot flashes and menstrual cramps. The root has earned a reputation as the "ultimate herb" for women.



DAMIANA LEAF

Damiana Leaf is well known in southwestern cultures as a sexuality tonic and is recommended by many top herbalists. It stimulates the intestinal tract and brings oxygen to the genital area. It also increases energy levels which does a lot to restore libido and desire. In women, Damiana often restores the ability to achieve orgasm.



LICORICE ROOT

This herb supports the adrenal glands while relieving stress, nervousness and irritability. "When people, who have been under severe stress, overworking the adrenals and becoming extremely nervous and irritable, begin to take Licorice, they think they have suddenly spiritually arrived. It is my opinion that many who suffer in mental institutions could be helped with this wonderful herb"



HOPS FLOWERS

Hops have tonic, nervine, diuretic and anodyne properties. Their volatile oil produces sedative and soporific effects, and the Lupamaric acid or bitter principle is stomachic and tonic. For this reason Hops improve the appetite and promote sleep.

HOW IT WORKS

An effective overall female tonic. It provides women with herbal phytochemicals that are needed to create hormones, helps to balance the hormones and calms the nerves. This tonic has proved a blessing for many woman who have become incapable of normal functioning, both physically and emotionally, because of menopause, PMS and hormonal imbalance. This tonic has been a lifesaver for them. Besides the obvious health benefits, many saved their marriages, their families, their careers and their sanity by using these formulae.

Over 1 billion women use one or more of the herbs in these formulae. It gives women that sense of wellbeing and control. It does so by increasing the communication between the endocrine organs in the brain and the ovaries. It allows a woman the ability to age slowly and naturally and make comfortable transitions from puberty through menopause and beyond.

Today most estrogen is derived from torturing pregnant horses. Their urine is drained from their bladder via a catheter 24 hours a day. Even the manufacturers of estrogen use estrogen run a 4 to 14 times greater risk of developing uterine and breast cancers, not to mention liver disease and numerous other illnesses.

Over the years I've seen many women get off hormones. The Female Formulae allowed them to make the transition. This weaning off is best done gradually over a period of 30 to 60 days.

DOSAGE:

The dosage is dependent on the situation.

DOSAGE FOR MENOPAUSE:

Start with 1 dropperful (35 drops) 3 times daily for at least one week. If this is not enough and symptoms still persist, increase to 1 dropperful 4 times daily. If needed you can increase to 6 dropperfuls daily, but spread them out. If your symptoms intensify during a particular time of the day or evening, use more of the tonic during that time. For example, for nighttime sweats, take 2 to 3 dropperfuls before bedtime to offset the situation.

DOSAGE FOR PMS:

For a regular 28 day cycle on the 18th day after the start of your last period, take 1 dropperful (35 drops). On the 19th day take 1 dropperful in the morning and 1 in the evening. On the 20th day through the start of your next period take 1 dropperful 3 times daily. This dosage can be increased to 2 dropperfuls 3 times daily with an occasional dosage of up to 4 dropperfuls during extreme symptoms. Discontinue the formula once your period begins unless you have extreme menstrual problems.

DOSAGE FOR MENSTRUAL IRREGULARITY:

If you have had long-term menstrual irregularity, start by taking 1 dropperful 3 times daily for 1 to 2 months. This should balance your hormones and regulate your periods. If it is for menstrual problems during your period, take 1 to 3 dropperfuls, 3 times daily as needed.

DOSAGE FOR INFERTILITY:

Start with 1 dropperful 3 times daily for a month. The next month you can increase to 2 dropperfuls 3 times daily. Continue with the formula. Stop if you become pregnant. As with most situations, but especially with infertility, you must do ALL of the Foundational Programs to get the best results.