

ARTHRITIS & RHEUMATISM

Herbal Support for Clearing & Rebuilding Arthritic Joints!

- Here is a combination of herbs that detoxify;
- Act as a solvent for the accepted, but not assimilated calcium deposits;
- Herbs that relieve pain;
- Herbs rich in new acceptable organic calcium that can be assimilated and useful;
- Herbs that kill fungus and infection and that have the ability to give wonderful relief

This relief is not immediate because there is a long rebuilding job – gradual relief can come and full healing, if the healing programs are followed faithfully.

BOTANICAL INGREDIENTS:

Yucca, Hydrangea Root, Mormon Tea, Chaparral, Lobelia, Burdock Root, Sarsaparilla, Wild Lettuce, Valerian, Wormwood, Cayenne, Bl. Cohosh, Bl. Walnut



YUCCA

Some of the most impressive health benefits of yucca include its ability to boost your immune system, improve healing rates, increase your heart health, optimize digestion, reduce cholesterol levels, ease arthritic pain, prevent the development of diabetes, improve cognition, and aid in skin and eye health.



HYDRANGEA ROOT

Dr. Christopher thought Hydrangea such a beautiful flower, and yet it is also the solvent of solvents, he taught, there was no greater aid for getting rid of stones and inorganic mineral deposits throughout the body.



MORMON TEA

This is an herbal aid for the reduction of swelling and inflammation. (Aka Brigham Tea) has been used as a blood purifier; remedy for colds and to flush the kidneys. In Indian traditional medicine, it has been used for coughs, rheumatism, syphilis, and as a digestive tonic.



CHAPARRAL

Chaparral is a blood purifier, anti-arthritis, intestinal cleanser, liver stimulant, anti-rheumatic, antiseptic, diuretic, expectorant and tonic. The herb is used in rheumatism. The herb converts fermentation processes seemingly out of balance, and makes a good poultice to use for chest and body pains.



LOBELIA

Dr. Christopher considered that Lobelia would help correct the entire bodily system, as it is easily diffused and utilized. Its greatest aspect is **that it removes obstructions and congestion within the body**, especially the blood vessels. Over his years of practice, Dr. Christopher administered Lobelia many times, and there were numerous miraculous healings. Time after time, Lobelia helped all, from the very young to the very old, with only positive results.



BURDOCK ROOT

Burdock is one of the best alterative and blood purifying agents in nature; it cleanses and eliminates impurities of the blood very rapidly. Burdock increases the flow of the urine, and relieves congestion in the lymphatics. As an alterative (an herb to cleanse the blood and tone the body), you need to use the tea over a period of time.



SARSAPARILLA

Dr. Christopher taught that Sarsaparilla is a wonderful tonic blood purifier. It has been used as a spring tonic to eliminate poisons from the blood and purify the system. The herb is also useful in cases of rheumatism which stem from impure blood or toxicity. It helps remove toxins from the body which might be causing some of the pain.



WILD LETTUCE

Wild lettuce has been used for nervousness and as a sedative. It was considered milder than opium but just as “dreamy”. It resembles a feeble opium which does not upset the digestive system, being used as a sedative and narcotic. The juice possess very mild pain allaying and calmative effects. It is sometimes dissolved in wine to be taken for pain.



VALERIAN

Valerian is classified among the nervine herbs, those herbs that stimulate and heal the nerves. We usually bring our nervous problems on ourselves because of our poor food programs. The nerves become so frayed that they become like uninsulated electric wires, finally shorting out and that is what causes our nervous problems.



WORMWOOD

Wormwood is the most bitter remedy there is, in addition to its worm killing ability, it also acts as a wonderful stimulative tonic to the digestive system. It is especially useful for atonic or debilitated conditions. It also has an antiseptic effect on the entire system.



CAYENNE

One of the most important uses of Cayenne is as a circulatory stimulant. It should be given when a chill is coming on, to offset a cold, or to help break a fever, as it sustains the portal circulation and assists in the removal of mucus, as well as inducing perspiration. Since Cayenne works so effectively to eliminate mucus from the body, it is an excellent expectorant. Mixed with ginger, it does a wonderful job of cleaning out the bronchial tubes and sinus cavities and relieving immediately all problems of colds and congestion



BLACK COHOSH

Black Cohosh, as a nervine, feeds, regulates, strengthens, and rebuilds the nervous system. Where there is a weak, irregular heartbeat, Black Cohosh gives slowly increased power to the heart and a rise in arterial pressure. Where the pulse is either too fast or slow, or skips, Black Cohosh can allay the symptoms, even in children. It is considered as effective as, but not as potentially dangerous as, digitalis



BLACK WALNUT

Black Walnut is a powerful herb; the green husk is the most potent part of all. The herb works to clear a variety of ailments. The organic iodine found in Black Walnut is much more antiseptic and healing than the usual poisonous iodine so commonly used for infections, cuts, etc.

Externally, Black Walnut is nearly a miracle worker in cases of scrofula, eczema, impetigo, acne, dandruff, boils, itch, shingles, and ringworm. Use Black Walnut whenever a skin disorder appears! The tincture is an excellent first-aid remedy for wounds.

HOW IT WORKS

Here is a combination of herbs that detoxify; act as a solvent for the accepted, but not assimilated calcium deposits; herbs that relieve pain; herbs rich in new acceptable organic calcium that can be assimilated and useful; herbs that kill fungus and infection and that have the ability to give wonderful relief. This relief is not immediate because here is a long rebuilding job – gradual relief can come and full healing, if the program is followed faithfully.

DOSAGE

1/2 -1 tsp. extract in a cup of distilled water 2-3 times a day.

Use as a hot fomentation over extremely painful or crippled areas; both this formula and the Bone, Flesh & Cartilage formula (BF&C).

Also drink 1-2 quarts of kidney bean pod tea daily. For additional relief, an external application of the Antiseptic Formula is recommended.

We are giving you hope if you will follow through with these formulas and the mucusless diet.