

APPENDICITIS

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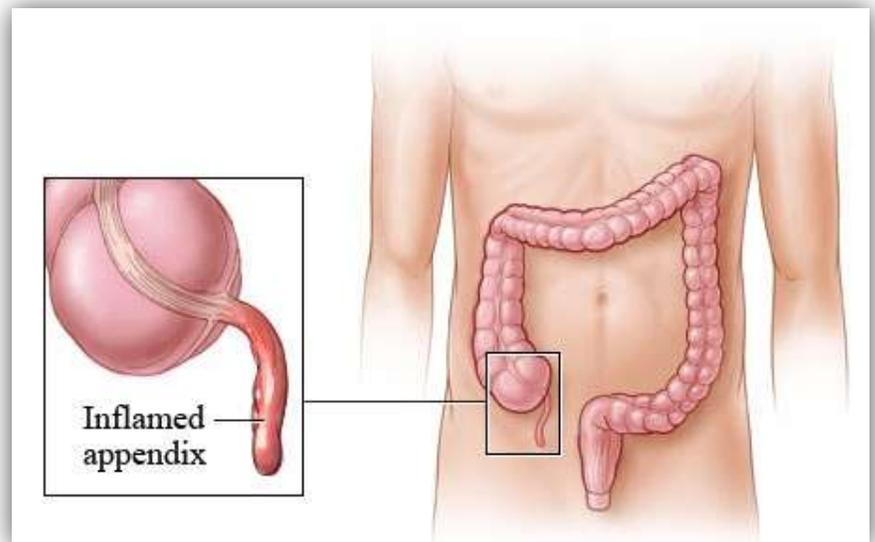


Definition:

The appendix is a collection of lymph tissue. Appendicitis is basically advanced constipation which can result in inflammation of the appendix, sometimes causing it to rupture.

Symptoms:

Symptoms of appendicitis are an inflamed, painful condition of the appendix and the surrounding portion of the bowels. Other symptoms are nausea, pain and distress around the navel, constipation, quick pulse, and perhaps a rise in temperature to 100° or 102° F. There may be tenderness to the right of the navel and below, which is increased by pressure or movement. The patient frequently flexes the right knee to ease the pain.



Cause:

It may be caused by a faulty digestion, intestinal catarrh, fecal concretions and, in comparatively rare cases, by foreign particles being lodged in the appendix. This is the explanation given by Otto Mausert, N.D.

Dr. Kloss states:

Constipation is one of the causes of appendicitis to an extent, and of course, wrong diet, which diet would include the use of devitamized foods such as white flour products, cane sugar, and cane sugar products (all refined sugars), greasy and fried foods, tea, coffee, chocolate, and wrong combinations of foods. These must be strictly avoided in appendicitis, as must alcoholic drinks, tobacco, and all stimulating food and drink.

What is the Appendix?

The Appendix is designed to excrete immune system material into the bowel. It detects if there is bacteria and/or fungus in the bowel. When the appendix detects something harmful in the bowel it will excrete white blood cells and immune cells which destroy the harmful substance or infection from the bowel.

Cutting out your appendix when it hurts or becomes inflamed is like cutting off your hand when it hurts. It doesn't make any sense. We need to save our appendices. In fact, modern immune studies out of UCLA Medical School textbooks say that when your appendix is removed, other parts of your immune system don't

work as well. They have even done studies showing that your spleen won't work as well after your appendix has been removed.

From question and answers in Dr. Christopher's Newsletter.

Can appendicitis be aided without an operation? Is there any relief and aid for appendicitis?

Answer:

Yes, there is. This is an important organ, even though many claim it is a useless leftover. For years doctors have considered the appendix to be a vestigial organ, that is, one used by man in some earlier stage of his history, but no longer of any apparent physiological use. The growing case against unnecessary surgery, particularly the offhand removal of parts of the body thought to be vestigial, was strengthened by a report from the Medical College of Ohio at Toledo. A study involving the case histories of 1,165 patients revealed that almost 67 percent of patients who had developed cancer of the bowel before they reached fifty years of age had their appendices removed.

We have taught for many years another valuable aid, and that is that the appendix exudes a small amount of oil, in its healthy operating state, that aids in lubricating the cecum and the ascending colon. This is the only section, the ascending colon, of the large bowel where the food particles must go uphill, and the small amount of lubrication is definitely an advantage when the fecal matter is heavy and lacking adequate moisture to move easily with peristaltic action.

Herbal Aids

Stop all food, and do a high enema immediately.

Cleansing the Colon: Dr. Kloss recommends: "Cleanse the colon thoroughly with an enema. Preferably with catnip herb, take as much water as possible, as hot as possible.

This treatment is of great value and will often relieve the pain immediately.

If possible add one of the following herbs to the enema: spearmint, catnip, white oak bark, bayberry or wild alum root. *If these herbs are not available, use plain water.*

If the pain continues after the colon has been cleansed, then use a very warm enema of **catnip** alone.

Following the enema apply hot and cold Castor Oil packs to the region of the appendix and the full length of the spine. This will aid in the cleaning process and relieve pain.

At night prepare a poultice as follows:

- ✓ Combine a tablespoon of granulated or powdered lobelia with a large handful of granulated or crushed mullein leaves, and sprinkle with ginger.
- ✓ Mix the herbs into a paste by adding powdered slippery elm or corn meal.
- ✓ Apply the poultice over the appendix as warm as the patient can stand, leave on until poultice is cool, then repeat.

When suffering an attack of appendicitis, go on a liquid diet, drinking alkaline broths, fruit juices, and drink several glasses of slippery elm (or comfrey) every day.

Alternating hot and cold castor oil fomentations brings tremendous relief."

After an individual is over an attack (which is the effect), go immediately into a week of liver flushing.

What to do if perforation has already occurred.

What do you do with the fact that it's swelling up? How do you deal with it?

- ✓ Here is an excellent tonic to calm the entire digestive system and can take the edge off:
- ✓ 1 tsp. Digestive Tonic combined with 1 tsp. Liver/Gallbladder formula added to 4 ounces water.
- ✓ Drink it all down quickly.



Appendicitis usually happens after the person has had a bout with constipation, or over-eating or something along these lines. The minute you stop eating and give yourself a high enema, it takes the pressure off. Flooding yourself with gallons of juices, will support your body so you won't have to worry about the fever.

If you feel you have an infection begin doing your Herbal Antibiotic & Echinacea. When there has been some perforation, or if there is some pus. **If you have a fever, there has been some perforation.** So begin the Foundational Infection program. (See Infection Information Sheet)

The foundational infection program:

An ounce a day of Echinacea

A teaspoon of the Herbal Antibiotic every 3 hours. (This can be doubled and taken every hour)

You can do more, but you'd better take it easy, because some people can throw up the larger doses.

Use castor oil packs 24 hours a day over the appendix.



Items for Castor Oil pack:
Castor Oil
Skillet
Flannel
Plastic wrap

Set burner to Low Heat

Add Castor Oil
to Warm skillet

Add 2 layer piece of Flannel
to Castor Oil, large enough
to cover affected area.



Completely saturate flannel with the Castor Oil. Do Not leave dry areas.



Place plastic wrap on counter.



Lay warm castor oil pack on plastic wrap.



Pick entire pack up together.



Apply over affected area.

Do a liver flush immediately.



As soon as some relief has been achieved it is time to flush that bile out and get that oil in; oil is wonderful. Members can download the Liver-flushing E-book from our website:

<http://www.healmarketplace.com/members/member/class/ebooks.html>

Start your bowel cleansing program with intestinal formula #1. (See our Foundational Program E-Book) It is time

to get that bowel working.



When you have done all the enemas, you will have relieved your symptoms from above and below--meaning, no food from the mouth, and all wastes out of the colon.

Do not be anxious to resume eating solid food. Loading the system with food too soon can undo the relief you have begun to experience. Healing takes time.

Testimonies

One morning my husband woke up at 5:30 a.m. in excruciating pain. The pain was so great that he couldn't stand up. I knew from the location of the pain that he was having an Appendicitis attack. I asked him if he wanted to go to the hospital, but he emphatically stated that he wanted to go natural healing. He wanted to keep his appendix if at all possible!

It was fortunate that I had met Dara years earlier and found the Incurables Program. During the ensuing years, I had spent much time reading. I had read about how to cure Appendicitis, so I knew ahead of time that it was possible to do this. But, putting it into practice in a time of crisis, that's when faith waivers. My lack of faith, however, was in my own ability, not in the natural remedies. I already knew and believed in the power of natural healing from my own disease crisis years earlier.

So, I started at a full run for the next 4-5 hours, with hot and cold hydrotherapy, enemas, a fever bath, and herbs. I also gave him the strongest natural antibiotic I had. Over and over again, I gave him strong doses of herbs from the Incurables program. My husband's urine was the color of mud, and I wasn't sure what else might be going on, but I just kept on.

I kept looking at the clock..."When is Dara getting in, When is Dara getting in." I prayed every step of the way. I was frantic to talk to her. Finally when I called her and got a hold of her, she went through all the things I was doing and then suggested I give my husband the Liver/Gallbladder ant parasitic formula. She said his shaking would stop immediately, and it did. Whew! With her reassurance of all that I was doing, I continued to give him enemas. I think it was on the third enema that the pain finally subsided.

Prior to that, the pain level on a scale of 1-10 stayed on an 8-9. It was terrible seeing him in such pain. After that, it was just a matter of making him comfortable while he rested...Praise the Lord! It was some time after that I read about the importance of having your appendix and its work in the body. I am so glad that we were able to treat this naturally. God is so good. I'm sure that the Great Physician brought Dara into my life many years ago when I found a lump in my breast. I thank the Lord so much for her. But to know she is there to counsel me when I need help has been the best comfort. God bless, Dara, and thanks for much for all you've done for me through the years. God bless. Linda C., Bunceton, MO