

ANTI-DEPRESSANT



HEAL Marketplace, 360 Carpenter Road, Rutherfordton NC 28139
http://www.healmarketplace.com healletters@aol.com 866-581-4390

Formulae

Saint John's Wort, Kava Kava, Uva Ursi Leaves, Hawthorn Berries, Yellow Dock, Kelp

Therapeutic Action

This formula was developed during a time of emotional trauma. The **St. John's Wort**, **Kava Kava** and **Uva Ursi** promote a sense of emotional well being. We have many clinical studies that warn of the strain to the heart caused from depression and emotional stress. To help combat this we have added **Hawthorn Berries** to support and feed the heart and **Yellow Dock** to feed the blood. After using this formula for several months I added one more herb, **Kelp**, to aid in balancing the thyroid gland causing a natural increase in physical energy.

St John's Wort is a powerful antibacterial which will create a large amount of "die-off" when used in high dosages. Because of this it is suggested when using the dose for severe depression it is a good idea to boost your immune system with **Echinacea** to prevent any back lash as the "die-off" is processed out of your system.

As with any Herbal Remedy it will prove most effective if used in combination with a complete physical & emotional cleansing program. If you are suffering from severe depression please contact a responsible counselor who shares your belief system and learn new ways of dealing with what is hurting you.



St. John's Wort



Hawthorne Berries



Kelp

Dosage

For emotional support: use 2-4 dropperfuls 3 times a day.
For severe depression use a Tablespoon 2-3 times a day.

Pricing:

Tinctures: 2oz/\$20 4oz/\$35 16oz/\$105 32oz/\$210 Gallon/\$630

Dry Kits: Sm. 4oz/\$40 Lg. 8oz/\$60



Kava Kava



Dry Herb Kit
ready to tincture



Gallon



2 oz --32 oz