

# AMENORRHEA FORMULA

## Female Weakness or Suppressed Menstruation

- REBUILDS The Malfunctioning Reproductive System.
- REGULATES For Good Menstrual Timing
- HERBAL FOOD for the Female Reproductive System.
- 100% organic, herbal, sugar-free and chemical-free

### BOTANICAL INGREDIENTS:

Motherwort herb, Chamomile Flowers, Blue Cohosh Root, Goldenseal Root, Ginger



#### MOTHERWORT HERB

Motherwort is predominantly a womb remedy, for painful, delayed or suppressed periods, and also to prepare for childbirth. If taken two to three times daily, in the last few weeks of pregnancy, it encourages more coordinated contractions of the uterus when otherwise they could be painfully spasmodic or insufficient.



#### CHAMOMILE FLOWERS

Chamomile has been used for centuries in teas as a mild, relaxing sleep aid, treatment for fevers, colds, stomach ailments, and as an anti-inflammatory, to name only a few therapeutic uses.



#### BLUE COHOSH

“WOMAN’S BEST FRIEND” Blue Cohosh has been effective in troubles relating to menstruation. It can regulate the habitually late cycle and restore the flow if menstruation is delayed through shock, chill, catching a cold, etc. For young girls who are just beginning their menstrual cycle, Blue Cohosh, especially if taken in conjunction with Blessed Thistle, can relieve nervous irritation and regulate the menses.



#### GOLDENSEAL ROOT

Despite the warnings about overuse of the herb, Golden Seal is considered to be one of the best general medicinal aids in the entire herbal kingdom. It is tonic, laxative, alterative, and detergent, or antiseptic.



## **GINGER ROOT**

A stimulant and a 'lead sheep' herb, bringing the other herbs in the formula into the abdominal area. Ginger differs from cayenne as a stimulant, in that the cayenne stimulates the heart, arteries, veins and then the capillaries. Ginger starts its stimulating effect in the capillary, flushing out the "constipated" capillary, driving these wastes into the veins for disposal.

## **HOW IT WORKS**

This is an amazing combination of herbs to aid in rebuilding a malfunctioning reproductive system (uterus, ovaries, fallopian tubes, etc.) Over the years herbalists and patients have seen painful menstruations, heavy flowing, cramps, irregularity, etc., that have been helped and the patient now has a painless menstrual period, good menstrual timing and a new outlook on life by using these aids to readjust the malfunctioning areas.

## **DOSAGE**

Add 2 to 4 droppers full to 8 oz. hot water, sweeten with honey if needed. (1/2 – 1 tsp.) three times daily.