

# ALOPECIA

HEAL Information Sheet  
*Compiled from the writings of*  
Dr. Christopher



HEAL Marketplace, 360 Carpenter Road, Rutherfordton NC 28139  
<http://www.healmarketplace.com> [healletters@aol.com](mailto:healletters@aol.com) 866-581-4390

## Definition



A disease in which there are well defined bald spots on the head and other hairy parts of the body.



## Herbal Aids

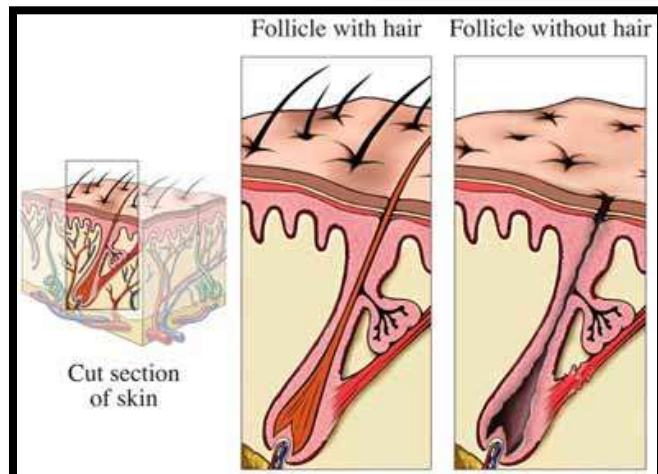


**Bayberry:** Use a strong decoction of bayberry and rub in well at night; wash off in the morning, brush the hair thoroughly and apply again (using a few drops of lavender oil with the solution that is rubbed in gives a more effective synergistic action). This will quickly stop falling hair and remove dandruff.



**Juniper:** Used externally, a tincture of the branches is used as a rub for some skin conditions and to combat alopecia.

**Echinacea:** Cases of goiter, impetigo contagiosa, local infection, urethral infection, diabetic ulcers, alopecia (baldness), and so on, are reported to have been effectively treated with Echinacea.



## THE THREE OIL MASSAGE; AN AID IN RESTIMULATING HAIR GROWTH.

Here is an excellent aid for re-stimulating hair growth. This is a seven day program which is to be repeated until the desired results are achieved. Each day for six days the patient should massage one of three oils into the scalp. Allow the scalp to rest on the seventh day from its healing program.

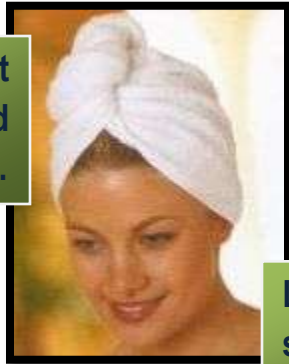
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Castor Oil	Castor Oil	Olive Oil	Olive Oil	Wheat Germ Oil	Wheat Germ Oil	Rest



**1** The first two days massage scalp deep with warm castor oil.



**2** Apply hot wet toweling over head 30 minutes or more.



**3** Leave oil on scalp all night.



**4**

- ❖ Next morning wash hair with PACKER'S TAR SOAP and rinse.
- ❖ Repeat second wash



### Hair Rinse

**5** Rinse hair & scalp with tea made of sage brush, chaparral and yarrow in equal parts.



**6** Do not rinse again but leave tea in hair and scalp (massage in well).



## Each Day of Your Program

- ❖ Drink one or two tablespoons of wheat germ oil morning and night
- ❖ Drink 1/4 cup of hair rinse tea in 3/4 cup of distilled water two times in a day.



The next two nights (days 3 & 4) use same procedure as day's 1 & 2 but use olive oil



The last two nights (days 5 & 6) use wheat germ oil



Rest one night and repeat six days a week as needed.

By using the skin as a filtering agent the castor oil cleans and flushes the skin; and goes into the blood stream, aiding in the removal of mucus and toxins from the scalp and inner body.

The olive oil is a complete food itself and will penetrate into the scalp to feed and rebuild the follicle, flesh and the entire system.

Wheat germ oil is a healing oil, high in vitamin E, valuable in rejuvenating the scalp and follicle.