

ADENOIDS - POLYPS

HEAL Information Sheet
Compiled from the writings of
Dr. Christopher



HEAL Marketplace, 360 Carpenter Road, Rutherfordton NC 28139
<http://www.healmarketplace.com> healletters@aol.com 866-581-4390

Definition

Adenoiditis is inflammation of the adenoids. The adenoid is a relaxed condition of the mucous membrane, resulting in nasal or laryngeal polyps. There will be problems continually throughout life for the mouth breather, unless this condition is cleared.

Symptoms:

The polyps are caused by a toxic and mucus condition in the body, so go back to the basic cause and use the mucusless diet.

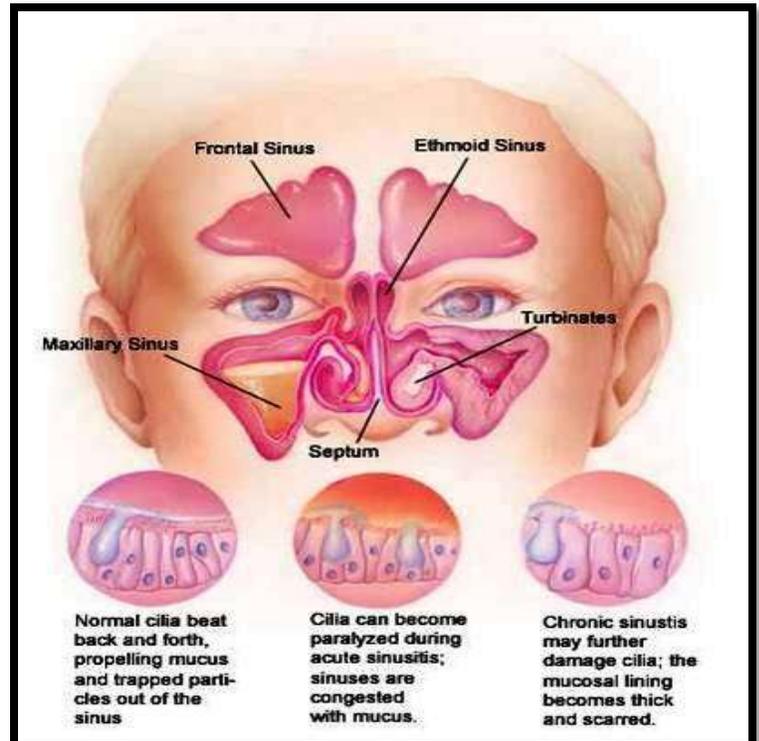
Herbal Aids:

- **Bayberry:** Snuff or blow powder up the nostrils 3-4 times daily (at first there is pain, then sneezing every 20-30 seconds and continuing for 5-10 minutes); there are copious discharges of thick, viscid and often stringy mucoid matter and the influence of the powder causes the adenoids to dry up--an adenoid being a relaxed condition of the mucous membrane.

Snuff:

4 oz Bag

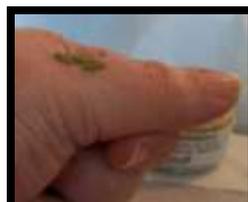
1 oz Jar



Using the Herbal Snuff



Using a small spoon or knife blade pick up small amount of Snuff.



Place Snuff Powder on back of thumb.



Press one nostril closed while inhaling powder into sinus cavity.



Bayberry or Oak: To shrink the swellings in the nose and throat areas, make a tea of bayberry bark or oak bark and snuffle it up the nose.



Using a Neti Pot, some children can be taught to "drink it up the nose," using one side at a time.



It will also be helpful to drink some of this tea two or three times a day.



For some, the easier way is to use an atomizer spray up the nose

Carrots: The regular use of fresh carrot juice is a fine aid to clean up the mucous membrane and reduce the "unnatural swellings" in the body such as adenoids.



Figs: Contain an active ingredient called benzaldehyde which has been found to be a very effective carcinostatic agent for reducing certain kinds of tumors found in the neck, throat, and general lymphatic system particularly the adenoids.



Dr. Poskanzer suggested that some infective agent (germ or virus) originating outside the body played a role in the causation of multiple sclerosis. He believed that whatever it is, it may well be active in childhood many years before the development of the disease, and kept in dormancy by the lymphoid system which includes the tonsils, adenoids and appendix.